



Encinitas Ballet Academy and Arts Center
 264 –D North El Camino Real
 Encinitas, CA 92024 /next to VONS/ 760.632.4947 www.EncinitasBallet.com
 Revised January, 2012

			Level	Notes
Monday	3:30 - 4:30	Ballet Technique	Level 1, 2 and boys	
	4:30-6:00	Ballet Technique	Level 3, 4, 5	
	6:00-6:30	Pointe	Level 3, 4, 5	
	7:00-8:30	Adult Ballet		
Tuesday	4:00 –5:00	Ballet Technique	Level 1- 2 and boys	
	5:00-6:30	Ballet Technique	Level 3, 4	
Wednesday	3:45-4:45	Pre-Professional	Level 1, 2, 3	
	7:00-8:30	Adult Ballet Beg		
Thursday	9:00 - 9:45	Pre Ballet 1	All Levels Level 1, 2 Level 3, 4, 5 Pointe	
	2:45 – 3:30	Stretch / Conditioning		
	3:30-4:30	Ballet Technique		
	4:30-6:00	Ballet Technique		
	6:00-6:30	Ballet Technique		
Friday	2:45-3:30	Pre Ballet 1, 2	Level 1,2, TEEN BEGINNERS Level 4,5	For ages 2 and UP. Sign up required, starts Jan.27, 2012
	3:30-4:30	Ballet Technique		
	6:00-7:00	Pre- Professional		
Saturday	9:00-9:45	Pre Ballet 1	Level 1, 2 and boys Level 3, 4	Professional and Apprentice Dancers are Welcome
	10:00-10:45	Pre Ballet 2		
	11:00-12:00	Ballet Technique		
	12:00- 1:00	Ballet Technique		
	1:00-2:30	Adult Ballet		